

instant escapes

CUT-OUT-AND-GO GUIDE I HIP BARCELONA

SEE & DO

Ilgnored by out-of-towners,
Poblenou is the 'hood to hit for design ideas: the broad, tree-lined boulevards are made for mooching along, taking in the handsome, 19th-century textile factories decorated with intricate relief work. You can peek inside now, too: the old buildings are re-emerging as vintage furniture stores and ateliers. Don't miss Noak Room (noakroom. com; ① on map) for Scandinavianstyle mid-century Modern amid stone floors and whitewashed brick walls.

I Barcelona brims with zingingly original food purveyors. The cultish Eat Street's freshly launched 'freestyle chefs community' lets you try them all (bcnmes.com/eatstreet; entry free). Like a giant travelling picnic, it's held in a different neighbourhood every month, opening at noon. Follow your nose, and the wisps of smoke, in the direction of smoky chargrilled pork ribs, fiery tacos and hot-smoked fish doused in horseradish sauce.

I Also in Poblenou, Palo Alto is the grooviest of the new alternative markets, held in the studio and gardens of the iconic graphic designer Javier Mariscal (paloaltomarket.com; £1.50; ②). Lose yourself along lush lanes of tumbling bougainvillea, listening to gipsy swing and perusing collections from the city's hippest young designers.

Barcelona's new Design Museum (museudeldisseny.cat; £4; ③) is its hottest attraction to open in some years.

WRITER'S TIP Entry is free on Sunday afternoons from 3pm to 8pm, and on the first Sunday of each month

SECOND HELPINGS Want to learn more about Catalan food? Foodie website culinary backstreets.com is full of reviews, and offers walking tours

House red: flats on the Rambla de Poblenou, the city's design destination; below left, the Parc del Laberint d'Horta; Lichtenstein's Head of Barcelona



Wedged between the skyscrapers on Diagonal Mar and the shimmering cantilevered roof of the vamped-up Els Encants market, the 'floating' black cube is dazzling outside and in. Embrace the genius of the seemingly mundane — from Hoovers and fridges to poster art, corsets and nightgowns. You'll be amazed how clever design impacts every aspect of modern life.

I More under-the-radar than other Gaudí sights, the Torre Bellesguard (bellesguardgaudi.com; £6.50; ⓐ) stands on the site of a Medieval castle, which was the inspiration for its design — all swirling staircases rising through spindly turrets and walls sheathed in mosaics. Launched last year, the sensuous Gaudí Nights (summerevening concerts) invite you to keep cool with Cava and jazz in the garden.

I You needn't actually ever pay for, or set foot in, a crowded museum to soak up the local creativity. Barcelona became littered with street art in the run-up to the 1992 Olympics, when the then mayor, Pasqual Maragall, set out to humanise public spaces with 50-odd sculptures placed citywide. Highlights include Roy Lichtenstein's spotty Head of Barcelona (5), near the Port Vell, and Botero's giant bulbous cat (6), in frozen prowl on the Rambla del Raval.

I Built during the Civil War (1936-1939) as an anti-aircraft battery, the Bunkers del Carmel (Turó de la Rovira 61; free; ①) are unknown to most locals, but discover them and you'll understand why the city got its name 'the Great Enchantress'. The roof makes a bucolic perch with uninterrupted 360° views, the skyline pierced by the stalagmite turrets of the Sagrada Família and glimmering sail-shaped skyscraper of the trendy W Hotel.

I Post-party head? The loveliest park in a city not best known for green spaces is the refreshing Parc del Laberint d'Horta (Passeig dels Castanyers 1; £1.60; ③), towards the end of the L3 metro line. It's laid out in a series of Neo-Classical gardens, punctuated by Greek statues and Tuscan temples, and is a beautiful place to wander, with its tinkling fountains and brilliantly baffling cypress maze at its heart.

bang on trend for summer 2015. Whether you're craning your neck in the dazzling new Design Museum, dining at the latest, greatest Mexican taquería, or weaving through a wild, wonderful, way-cool market, you'll be thrilled at how Barcelona is buzzing this season. By Tara Stevens

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EAT

Fun and foxy

NINO VIEJO (Mains about £6.50) Because: You simply have to eat in one of Ferran Adrià's brother's restaurants, and 2015 is mad for all things Mexican. At this taquería you can watch footie over tacos oozing hot salsa, and Margaritas with salt-scented foam. Travel's tip: Let your server choose your dishes for more intrepid nosh. Ave de Mistral 54; 00 34 933 482194, ninoviejo.es; 9.

Boho bistro

MANO ROTA (Mains about £8.50) Because: New kids on the block Bernat Bermudo y Oswaldo Brito serve what they love — slow-braised pork cheeks with apricots, miso and mustard, say — in a redbrick bar in funky Poble Sec. Travel's tip: The set lunch is a steal at £10. Carrer de la Creu dels Molers 4; 00 34 931 648041, manorota.com; 10.

II aid-back local LANDO (Mains about £9)

Because: It's all tall windows, concrete floors and simple, mostly organic food. The likes of taramasalata, croquettes and braised veal hit the spot every time. Travel's tip: It's great for dining alone. Just grab a spot at the counter. Passatge Pere Calders 6; 00 34 933 485530, lando.es; 11).

New wave 'wow'

ROCA MOO (Mains about £22) Because: It's owned by the celebrated Roca brothers (of El Celler de Can Roca in Girona) — entertaining, too, as head chef Juan Pretel muddles sauces and twirls sugar before you. Travel's tip: The three-course £32 lunch (Tue-Fri) with wine and coffee is a great bargain intro. Carrer del Roselló 265; 00 34 934 454000, hotelomm.es; 12.

The one to watch

SANTA RITA CLUB GASTRONOMICO

(Tasting menu only; £32) Because: Xabi Bonilla, frustrated by fine dining, decided to open at home ('so I could cook in my slippers'). A sixcourse tasting menu explores local products such as Llobregat artichokes — in his lamplit apartment. Travel's tip: Make local pals over 'Dinners with Strangers' ('Cenas entre Desconocidos'). Address on booking; 00 34 676 272820, club-santarita.com.



BARS & CAFES

SALT BEACH CLUB

HIGH DRINKS part of the W Pop up to Eclipse bar for one of the loftiest views over the city

Barefoot in the sand

Because: This sexy beach club has it all: string chairs, twinkling lights and a new menu of gourmet burgers. Killer cocktails, too. Travel's tip: Don't arrive late at the weekend: it kicks off at 5pm with groovy tunes. Passeig Mare Nostrum 19-21; saltbeachclub.com; ③.

Best brunch

FEDERAL CAFE DEL GOTICO

Because: This sunny newcomer in the Barri Gòtic is the best place in town to perk up with a flat white and brunch. Travel's tip: Catch up on your reading with its UK magazines. Passatge de la Pau 11; federalcafe.es; (14).

Cocktail king

Because: Barcelona loves its NY-style cocktail bars (moody lighting, flirty crowd) but nobody does it like Mike Cruickshank, who mixes a perfect Martini in this refashioned ironmongers. Travel's tip: Avoid the crowds and go on a Saturday afternoon to soak up the disco grooves over a cheeky snifter. Carrer de Pujades 196; 15.



LITTLE WONDER

of the finest

under-the-radar

bars in Barcelona

Les Gens que

J'Aime (lesgens

quejaime.com),

south, down the

staircase at Carre

de València 286.

Big G&T, please!

is two streets

Rosa Solà was born and bred in Barcelona. She's a translator and the author of the Km0 Slow Food guide to Catalunya

Haute hostel

CASA GRACIA (Doubles from

Because: It's cool, cheap and central,

sprawling over several floors with

vast communal areas, a kitchen and

dining room — and a sunny terrace.

Thursdays, when there's a big paella

cook-up for all guests, or any other

night of the week, over live music

and pop quizzes. Passeig de

Gràcia 116; 00 34 931 874497,

Secret neighbourhood retreat

HOTEL BRUMMELL (Doubles from

a New York loft vibe with curios from

summer afternoons. Carrer Nou

hotelbrummell.com; 22.

de la Rambla 174: 00 34 931 258622.

casagraciabcn.com; 21.

£60, room only)

Travel's tip: Gain new friends on

In summer, I love the onen-air cinema at Sala

Montjuïc (salamontjuic.org/en; £4.50; (6). It takes place in the old moat of the castle; we pack a picnic and go with our little boy. For something completely different to do when friends come to town, we like the sunset cruises with Catamarán Orsom (barcelona-orsom. com/jazz.html; £14), too. If you want to avoid the crowds at the Boqueria food market ①, go at 6am for breakfast and watch the stallholders setting up. 'Brunch' is really a tourist thing. Here we do vermut and tapas — Bar Seco (bar-seco.com; (8), Morro Fi (morrofi. cat; (9) and La Pubilla (Plaça de la Llibertat 23; (20) are all great.

Because: This good-looking newcomer is in up-and-coming Poble Sec, mixing Sri Lanka. There's a lovely leafy cobbled courtyard, too. Travel's tip: The rooftop pool terrace is a secret oasis for perfect

| Modernism on a budget

from £65, room only) Because: It's handsome at a bargain price, paying close attention to things that matter (power showers, black-out blinds) and mixing it with wow factor (ornately carved doors, a harlequinpattern terrace). Travel's tip: Skip breakfast and instead wander over to Mary's Market for baked treats and stellar coffee. Rambla de Catalunya 27; 00 34 933 436690,

| Sumptuous idling **COTTON HOUSE HOTEL (Doubles** from £129, room only)

Because: These palatial digs were once home to Barcelona's Cotton Foundation — note the high-count cotton sheets and the cotton blooms inset in marble in the floors. Modernist details have been perked up by comfy lounges, making this an ideal spot for a lazy weekend. Travel's tip: It's not the most ostentatious, but the Cotton Room is one of just two rooms with its own terrace. Gran Vía de

PRAKTIK RAMBLA (Doubles

hotelpraktikrambla.com; 3.

| Fashionable portside paradise WORTH | THE SERRAS (Doubles from

Even if you're

not staying, an

extravagantly

at Michelin

starred Marc

Gascons

mod-Med

very BCN

experience,

tapas and all

Curl power:

clockwise from top

left, spiral staircase

hums nightly with

live music; view from

the penthouse at the

Mandarin Oriental;

simple ingredients

delicious at Lando:

shaking it up at Balius

made simply

at Cotton House Hotel; Casa Gràcia

restaurant is a

long lunch here

Because: Nowhere in town boasts views quite like those from the rooftop at the Serras, on the site of Picasso's first studio. Glimpse the newly fashionable Port Vell and the fuzzy green hills of Montjuïc. Travel's tip: Hang out at the mezzanine library — the bar serves

£130, room only)

les Corts Catalanes 670; 00 34 934

505045, hotelcottonhouse.com; 24.

I For decadent feasting **MANDARIN ORIENTAL (Doubles** from £211, room only)

the best Martini in town. Passeig

hoteltheserrasbarcelona.com; 29.

de Colom 9; 00 34 931 691868,

Because: This old bank on swish Passeig de Gràcia has become one of Spain's top foodie hotels. Culinary hot-shot Angel León does radical seafood cookery at BistrEau, with Raül Balam's Michelinstarred Moments on the floor above. Travel's tip: Non-guests rarely realise it, but the rooftop restaurant, Terrat, is

open to the public, serving impeccable ceviche, sushi and seafood. Passeig de Gràcia 38-40; 00 34 931 518888,



mandarinoriental.com/barcelona; 26.

Ryanair (ryanair.com) flies to Barcelona from Dublin and seven UK airports including Stansted, Liverpool, Birmingham, Bristol and Manchester, from £25 one way. EasyJet (easyjet. com) flies from Belfast, Bristol, Liverpool, Gatwick, Luton, Southend and Newcastle, from £25 one way.

GO PACKAGED

A two-night food-focused holiday with Made for Spain (00 34 914 487275, madeforspain.com) costs from £360pp, including walking tour and four-star hotel but not flights. Cresta (0844 800 7020, thomascook.com) has two nights at a three-star, from £115pp, B&B, with Gatwick flights.

FURTHER INFORMATION

Visit the Spanish tourism site spain.info. ■



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